



Finding and Researching Childcare Providers

- **ChildCare.gov**

This website helps you access safe and quality childcare services in your community that best suits your family's needs. You'll find links to State or Territory resources to help search for childcare, as well as consumer education information. www.ChildCare.gov

- **Childcare Aware of America**

Child Care Aware® of America (CCAoA) works with a national network of more than 500 [child care resource and referral \(CCR&Rs\) agencies](#) and other partners to ensure that all families have access to quality, affordable child care. www.childcareaware.org

Resources for Children's Health

- **Familydoctor.org**

This is the American Academy of Family Physician's (AAFP) award-winning consumer website, featuring physician-reviewed patient education materials. www.familydoctor.org

- **Nemours KidsHealth**

Nemours KidsHealth is a popular site for dependable information on children's health, behavior, and development from before birth through the teen years. www.kidshealth.org

Caregiver Support

- **Family Caregiver Alliance**

This nationwide organization supports and sustains the important work of families who care for loved ones with chronic, disabling health conditions. www.caregiver.org

Finding the right childcare can be stressful. If you'd like to visit with a counselor to help you cope, we are here for you. Please complete our [Counseling Registration Form](#) to make an appointment. If you have issues with the form, please call Best Care EAP at (402) 354-8000 or (800) 801-4182 and we'll be glad to help.

**These resources are made available to you for informational purposes only. Best Care EAP does not recommend or endorse any specific website, resource, or provider.*