



## Finding Eldercare

**Eldercare Locator:** Find help in your area by entering your zip code or city and state:

[www.eldercare.acl.gov](http://www.eldercare.acl.gov)

### **National Association for Home Healthcare & Hospice:**

This is a non-profit organization representing 33,000 home care and hospice organizations. The website explains the different types of care available and provides a service provider locator: [www.nahc.org](http://www.nahc.org)

### **Nursing Home Compare:**

This website provides detailed information about past performances of every Medicare and Medicaid certified nursing home in the country:

<https://www.medicare.gov/care-compare/?providerType=NursingHome>

Finding care for your loved ones can be an emotional time. Best Care EAP licensed counselors are here to help. Request a confidential appointment by filling out the **Counseling Registration Form**. If you have issues with the form, please call our office and we'll be glad to help: (402) 354-8000 or (800) 801-4182. For additional resources, like webinars and articles on self-care and well-being, visit the Best Care EAP **Resource Hub**.

**NOTE:** *These resources are made available to you for information purposes only. Best Care EAP does not endorse or recommend any provider.*

## Caregiver Support

**Caregiver Support Services:** A non-profit organization known nationally for setting up benchmark programs and services for caregivers like accessibility training, self-advocacy, and other pertinent support services:

<https://www.caregiversupportservices.com>

**Family Caregiver Alliance:** Supports and sustains the important work of families caring for loved ones with physical and cognitive impairments. Services include assessments, care planning, direct care skills, wellness programs, respite services, and legal/financial consultation: [www.caregiver.org](http://www.caregiver.org)

### **Caregiver Stress**

This website offers options and resources to encourage self-care as you care for your loved one: [www.caregiverstress.com](http://www.caregiverstress.com)