

***“We all go through difficult times.
It’s ok to reach out for help.”***

- Joy Youngland, Best Care EAP Counselor



Resources and insight

For confidential counseling for you and your family, please schedule an appointment by completing the Counseling Registration Form at www.bestcareeap.org/forms. We’re here to help.

Para el asesoramiento confidencial para usted y su familia, contacte a su Best Care EAP. stamos aqui para ayudarle.



BEST CARE EAP

(402) 354-8000/(800) 801-4182/BestCareEAP.org

***“It’s important to me that my clients
feel accepted and understood.”***

- Jameson Bock, Best Care EAP Counselor



No judgement, no criticism

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“We provide a safe place to express your feelings.”

- Amy Monzingo, Best Care EAP Counselor



Let us help you walk through life

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“If you’re not in a good place, it effects everything.”

- Terry Coleman, Manager, Clinical Services

Best Care EAP is a good place to be!

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