

The Resiliency Project

Session 11 Homework



Develop Time Management Skills

One of the things we do that we hope makes this series worthwhile is assigning short homework projects for you to work on between our monthly get-togethers.

Between now and our next get-together on Wednesday, December 11th, please give the Ivy Lee a try. Here are the steps:

- Make a 6 item list
- Prioritize it
- Start on #1
- If interrupted, deal with it.
- Return to #1 until completed
- Start on #2
- Rise, repeat.

As always, be prepared to share your results with the rest of the participants when we meet next month!

